

Take me!
#passiton

Happiness is letting go of what you think your life is supposed to look like and celebrating it for everything that it is.

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Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it.

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This is your daily reminder that you are AMAZING!!!

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How do we change the world?

One random act of kindness at a time.

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Unexpected kindness is the most powerful, least costly, and most underrated agent of human change.

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For what it's worth: It's never too late to be whoever you want to be. I hope you live a life you're proud of, and if you find that you're not, I hope you have the strength to start over.
-F. Scott Fitzgerald

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When you do something beautiful and nobody noticed, do not be sad. For the sun every morning is a beautiful spectacle, yet most of the audience still sleeps.
-John Lennon

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Focus on the step in front of you, not the whole staircase.

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No matter how you feel, get up, dress up, show up, and never give up.

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By being yourself, you put something wonderful into the world that was not there before.

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